Vocational Employment Support -

Career Services w/ Mary Blaettler and Mark Vasquez

(Cell: 831.325.9343)

On Thursdays

8am-3pm

 **Peer Focused Wellness Recovery Programs & Services
Monday - Fridays 9am - 2pm
10 Carr St. Watsonville, CA 95076 Tel: (831) 768-8132 Fax: (831) 288-0035**

**Monday**

**9am Morning Drop-in**

**9:30am Ted Talk w/ Maribel**

**10am Healthy Relationships Group**

 **w/ Jodie**

**11:00 Art Creativity w/ Maribel & Jodie**

**12pm Yoga w/ / Olga 1st Mondays**

**1pm Woman’s Support**

**Group w/ Maribel**

**Tuesday**

**9am Morning Drop-in**

**9:30am Ted Talk w/ Maribel**

**10am Stress and Anger Management**

 **w/ Maribel**

**10am Community Meeting 3rd Tuesday**

**Of the month**

**11am Self-Care Group / Games w/Jodie**

**12-2 Social Integration w/ Jodie**

**Wednesday**

**9am Peer - to - Peer *Morning***

 ***Integration***

**10am *Bi Polar Group* w/ Maribel**

**11am *Health Group* (BBD)Roxanne, Myisha**

 **1 – 2 pm Lunch**

**Thursday**

 **9am *Drop In***

***9:30am Ted Talk w/ Maribel***

**10am *Self Awareness group* w/Jodie**

**11am *Schizophrenia Support* Group w/ Jeff /Jodie**

 **1pm Grupo de Apoyo / Maribel**

 **Esperanza**

**12pm *Arts* w/Nick F.**

**Friday**

**9am** Morning Group

**9:30-10:30am Process Group**

**10am** **Prep** w/ Roxanne/ Myisha

**10:30-12pm Karaoke** w/Jodie

**12pm** **LUNCHEON / BBQ**

**1pm Movie Time**

***1st & 3rd Friday***

**1pm Grief Support**/ Audrey



*We Are A Program of Community Connection*

*300 Harvey West Boulevard*

*Santa Cruz, CA 95060*

*831-425-8132*

**Ask about Other Programs --Available through Mariposa**

 **- Avenues: Ivan Meza – Career Services: Mark Vasquez**

**\*Food Distribution this month is on the 21st**