

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00-9:15 Participants Arrive	9:00-9:15 Participants arrive	9:00-9:15 Participants arrive	9:00-9:15 Participants arrive	9:00-9:15 Participants arrive
9:30 Morning Meeting/Mindfulness With staff	9:30 Morning Meeting/Mindfulness With staff	9:30 Morning Meeting/Mindfulness w/ Staff	9:30 Morning Meeting/Mindfulness w/ Staff	9:30 Morning Meeting/Mindfulness w/ staff
10:15 Dual Recovery Anonymous (DRA) w/ Vanessa	10:15 Dual Recovery Anonymous (DRA) w/ Peter	9:50-10:50 Peer facilitated group w/ Kyle	10-12 Homeless Garden Project Volunteer Activity With Ivan & staff	10:00-11:45 Community Volunteer Activity: Second Harvest Foodbank w/ Ivan & Edith
11:00-12:00 Life skill building group with Edith	11:00-12:00 Mental health cognitive skill building group with Edith	11:00-12:00 BBD Garden Project with Edith and Ivan 1:1 w/ Staff		
12:00-1:00 Lunch	12:00-1:00 Lunch	12:00-12:30 BBD Healthy Lunch	12:00-12:30 Lunch	12:00-1:00 Friday Fun Lunch!
1:00-2:00 Mental Health symptom management w/ Ivan	1:00-2:00 Relapse Prevention Group with Ivan	12:30-1:00 Clean up for Points	12:30-3:00 Homeless Garden Project Volunteer Activity With Ivan & Staff	1:00-1:30 Clean up for Points
2:00-2:45 Social integration skill building w/ Jose 1:1 w/ peer	2:15-3:00 Working on Mental health / Jorge	Program Half Day 1:00pm Dismissal		1:30-3:00 End of the Week Reflection Group/social integration with peer 1:1 w/ Staff
3:00-3:15 End of Day/Return Participants to Casa Pacific	3:00-3:15 End of Day/Return Participants to Casa Pacific		3:00-3:15 End of Day/Return Participants to Casa Pacific	3:00-3:15 End of Day/Return Participants to Casa Pacific

AVENUES

Avenues is a program of Community Connection; A non-profit of the Volunteer Center of Santa Cruz.

For more information contact:

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