

Wellness Connect

A Mental Health Program of Community Connection

**"There is hope even
when your brain
tells you there isn't."**

- John Green

**We are here to listen, support,
and connect with you.**

Our team of coaches, specialists and clinicians are here to provide young adults with a FREE, accessible and supportive team of allies to connect them with resiliency building services. In partnership with Santa Cruz County Behavioral Health.

We provide an effective and whole-person treatment approach including:

- comprehensive case management
- wellness coaching
- employment and education support
- co-occurring substance use
- peer navigation
- family support services

Program Hours: Mon. - Fri. 8am - 8pm

Wellness Connect Program Director | Kayla Olinger (she/her)
kayla.olinger@ccsantacruz.org | Call or Text - (831)-428-6977
300 Harvey West Blvd, Santa Cruz, CA 95060

For Immediate Emergencies Dial 911

Other Emergency Contacts: MERT Team & Access Team (800)-952-2335

#mentalhealthmatters



VolunteerCenter
Connect for Good

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