

## About Us

We create bridges between individuals and their community by providing purpose-driven opportunities, employment readiness programs, personalized recovery services, volunteer experiences, and empowering peer support. These resources empower those we serve to embrace their unique strengths and cultivate a fulfilling, resilient life.



We are dedicated to helping adults lead healthier and more productive lives by overcoming mental health and chemical dependency challenges.

## Contact Us

### Avenues

#### Program Director

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### Office

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## Avenues

Nurturing mental well-being, fostering purposeful engagement, and cultivating a strong sense of community for individuals navigating their mental health journey.



## What we offer

- Employment support
- Co-occurring Recovery Services
- Work-First Activities
- Peer Navigation
- Community-Based Activities
- Nutritional Support
- Gardening Activities
- Community Volunteer Opportunities

## Who we serve

Our program participants are often referred to us by the Santa Cruz County Behavioral Health Department, although we also encourage and accept self-referrals. By providing a wide array of resources and support tailored to individual needs, we empower each person on their unique journey towards mental wellness. Together, we create a compassionate environment that fosters growth, healing, and resilience, and helps our participants thrive.

## What we do

We integrate the Recovery Model into the core of our services, emphasizing a strengths-based and individualized approach. We believe in the transformative power of volunteerism and educational support as key instruments for fostering stability and nurturing early stages of recovery. Together, we help each individual embrace their potential and flourish as active, valued members of their community.



**Volunteer** Center  
of Santa Cruz County